

Shift The Energy

Simmer Pot Recipe

Orange - Happiness & Joy

Black Pepper - Banish & Release Negative Energy

Rice - Financial Wealth & Abundance

Cilantro & Oregano - Healing

Ginger - Grounding

Parsley - Purify & Cleanse

Rose - Love & Abundance

Bay Leaves - Carry Your Worries Away

Cinnamon - Prosper & Protect

Salt - Protection

Mugwort - Align With Highest Self



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